Peripheral Blood Monocyte Counting: Towards a New Reference Method

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(Received May 9/September 1, 1995)

Dedicated to Prof. Dr. Erich Kaiser on the occasion of his 70th birthday

Summary: Flow cytometric enumeration of monocytes stained with fluorescence-labelled monoclonal antibodies has been proposed as a possible reference method for monocyte counting. We compared precision and accuracy of monocyte counting of the Coulter STKS, the Cobas Argos 5 Diff, the 800-cell manual differential, and the Coulter Epics Profile II flow cytometer using double-staining with fluorescence-labelled monoclonal antibodies (CD45-FITC and CD14-PE).

Precision: STKS, Argos and Profile II achieved a precision analogous to a 3423-, 1298-, and 11089-cell differential, respectively, confirming the superiority of automated methods.

Accuracy (136 normal and abnormal samples): Correlation of automated methods with the manual differential was good (STKS: r = 0.934, Argos 5 Diff: r = 0.808, Profile II: r = 0.924; Spearman's rank correlation coefficient). The mean relative STKS monocyte result was 0.52 ± 1.63% (mean ± SD) higher than the manual differential, whereas the Argos 5 Diff results were 1.22 ± 2.51% lower (p < 0.001). Profile II results showed a small bias against the manual differential (-0.18 ± 1.44%, p < 0.05).

Analysing 135 healthy adult subjects on the Profile II, males were found to have a higher mean monocyte count (relative count: 6.95 ± 1.43% vs. 5.86 ± 0.98%; absolute count: 0.48 ± 0.15 × 10⁹/l vs. 0.39 ± 0.11 × 10⁹/l, p < 0.001) and a higher and wider normal range than females (relative count: 4.97 to 9.78% vs. 4.26 to 7.81%, absolute count: 0.30 to 0.84 × 10⁹/l vs. 0.25 to 0.65 × 10⁹/l).

Flow cytometry based on fluorescence-labelled monoclonal antibodies for monocyte enumeration seems an efficient tool to evaluate the monocyte counting performance of haematology analysers and an ideal successor to the manual differential as reference method for monocyte counting.

Introduction

Evaluations of the differential leukocyte count of haematology analysers have often yielded satisfactory results for neutrophils, lymphocytes, and eosinophils, whereas the performance of monocyte counting has been disappointing (1–8), even when studying only normal samples (9, 10). The correlation with the reference method was frequently poor and both accuracy and precision worse than for other leukocyte classes. Although monocytes represent a relatively small leukocyte class, this cannot be the main reason for this, as the less frequent eosinophils usually showed good results (1–8, 11). The morphological variety of monocytes definitely poses problems for automated differentiating techniques, another serious problem being lack of an appropriate reference method. The value of the manual 400-cell differential, which is still used as reference in monocyte counting (12), is diminished by subjectivity of the examiner (13) and a low precision for smaller cell populations.
(14). To correctly assess monocyte counting performance, investigators evaluating the differential leukocyte count of haematology analysers have begun to employ flow cytometric methods using monocyt-specific monoclonal antibodies and have proposed this technique as an alternative reference method (9, 15, 16).

In the present study, we investigated the monocyte counting performance of the Coulter STKS (Coulter Corp., Hialeah, FL) and the Cobas Argos 5 Diff (Hoffmann La Roche, Montpellier, France) haematology analysers by comparing them with an 800-cell manual differential following a modified NCCLS protocol. We also evaluated a flow cytometric method based on dual staining of leukocytes with monocyt-specific fluorescence-labelled monoclonal antibodies to test its suitability as a new reference method for monocyte counting. A normal range for this method was established. As superior precision is an important criterion for any reference method, precision was extensively investigated by establishing precision profiles for all methods under study.

**Materials and Methods**

**Instruments**

All instruments were used with the reagents recommended and supplied by their manufacturers. The Coulter STKS with VCS technology classifies cells by measuring low-frequency impedance, high-frequency conductivity and laser light scatter. The STKS typically differentiates 8192 events in all but severely leukopenic samples. The software version used during the study was 1G1. The Cobas Argos 5 Diff measured impedance and optical transmission of leukocytes after staining of eosinophils. Basophils are detected in a differentially following a modified NCCLS protocol. The 800-cell manual differential was obtained by averaging the result of this 400-cell differential with that of another one performed by a technician to increase the precision of results.

**Accuracy**

Blood samples from 143 subjects of the daily routine were analysed. Thirty-one samples were normal as defined by the absence of any abnormal distributional or morphological haematological finding in the manual differential. Pathological samples were defined according to the NCCLS recommendations, as showing abnormal distributional or morphological features in the manual differential (12). They came from 112 patients with various pathologies (viral and bacterial infection, liver cirrhosis, carcinoma, chronic renal failure, multiorgan failure, hyperthyreosis, diabetes, autoimmune diseases). No samples with monocyte counts > 25% were used as they might have unduly influenced correlation results to the extent of obscuring bad performance in the normal range.

**Manual Differential**

The 800-cell manual differential was obtained as follows. First, a 800-cell differential was carried out as described in the NCCLS Approved Standard H20r A (12): two clinical pathologists each performed a 200-cell differential on separate blood spins and the results were averaged. If the difference between the two manual counts exceeded the 95% confidence limits given by Rümké (14), a third spin was counted by an arbitrator and the results processed as recommended in the NCCLS guidelines (12). The 800-cell manual differential was then obtained by averaging the result of this 400-cell differential with that of another one performed by a technician to increase the precision of results.

**Reference range**

To define the reference range for the monoclonal antibody-based flow cytometric method, we analysed blood samples of 135 white adult subjects of Central European origin found to be healthy in a preventive medical checkup (69 males, 66 females, age 42.9 ± 14.0 years, white blood count 6.87 ± 1.81 × 10^9/L). Blood was drawn in the morning after an overnight fast. Differences between males and females were tested for statistical significance with the Mann-Whitney U-test. Age and white blood count of males and females were not statistically different. Chi-square test was used to examine whether the data followed a normal distribution. The non-parametric normal range was described by giving the 2.5 and 97.5 percentiles.

**Precision**

Forty samples of the daily routine with different relative monocyte counts were analysed 15 times. The STKS was used in the manual mode; the Cobas Argos was operated in the autosampling mode as no differential for manually analysed samples was reported. The white blood cell counts of the samples varied between 4 × 10^9/L and 8 × 10^9/L.
Fig. 1 Monocyte precision profiles: each data point represents the mean relative monocyte count (x-axis) and the coefficient of variation (y-axis) of one sample analysed 15 times. Curves were fitted to the data points of the respective instrument or were calculated for the 800-cell differential (dashed line) following the function for the coefficient of variation of proportions (STKS: open circles, Cobas Argos 5 Diff: solid circles, Profile II: x).

and $15 \times 10^9/L$. The experiments were distributed over the whole evaluation period. To assess the precision of flow cytometry, 10 samples were prepared 15 times each. Evaluation of precision was performed as described previously (15). In brief, a precision profile was established by plotting the resultant coefficients of variation against the mean relative monocyte counts (fig. 1). The data points for each analyser where then fitted to a function describing the coefficient of variation of proportions (CVp):

$$CVp(\%) = 100 \times \frac{SEp}{p}$$

$SEp$ is the standard error of proportions defining the confidence intervals for a single proportion (12):

$$SEp = \sqrt{\frac{p \times q}{n}}$$

where: $n$ = number of observed cells,

$p$ = mean value (i.e., relative count in %),

$q = 100 - p$.

As a result of the curve fitting the figure "n" is obtained, which is equivalent to the number of theoretically differentiated leukocytes (i.e., the variable "n" in the equation).

The optimal theoretical imprecision of the manual 800-cell differential was calculated using the function for the CVp. The curves fitted to the precision profiles of the instruments were compared based on the F test method (19). Calculations were performed using commercially available curve-fitting computer software based on the Marquardt algorithm (Fig-P for Windows, Biosoft, Cambridge, U.K.).

Day-to-day variability of flow cytometry was assessed conventionally by analysing whole blood control material (Ortho AbsoluteControl, Ortho Diagnostic Systems Inc., Raritan, NJ, USA) on 20 consecutive days.

Results

Precision

The precision profiles show that, predictably, imprecision increased with decreasing monocyte percentages in all methods investigated (fig. 1), but they also demonstrate that the precision of both haematology analysers can show large variations for different reference-range samples. This emphasises that precision studies based on replicate analysis of only one or few samples may totally misjudge analyser performance. The deviations of the Argos data points from the fitted curve were greater than those of the STKS or Profile II. The theoretical, minimal imprecision of the manual 800-cell differential was higher than that of the automated methods. The precision of the STKS was theoretically analogous to a 3423-cell differential and significantly exceeded that of the Cobas Argos 5 Diff, which corresponded to 1298-cell differential ($p < 0.001$). With a theoretical number of 11 089 differentiated cells, the Profile II monocyte count significantly outperformed all other methods ($p < 0.001$). Investigation of day-to-day variability showed a coefficient of variation of 3.31% at a mean concentration of 12.39% ($0.86 \times 10^9/L$).

Accuracy

The results of Passing & Bablok regression are compiled in table 1. Means and biases of monocyte results are

Tab. 1 Regression against manual differential: results of Passing & Bablok regression analysis with the results of the manual differential used as x-variable (n = 136, normal and abnormal samples; monocytes expressed as percent of leukocytes).

<table>
<thead>
<tr>
<th>Method</th>
<th>Slope</th>
<th>Intercept</th>
<th>ma68*</th>
<th>r (rank)</th>
</tr>
</thead>
<tbody>
<tr>
<td>STKS</td>
<td>1.05</td>
<td>0.03</td>
<td>0.86</td>
<td>0.934</td>
</tr>
<tr>
<td>Argos 5 Diff</td>
<td>0.78*</td>
<td>0.16</td>
<td>1.16</td>
<td>0.808</td>
</tr>
<tr>
<td>Profile II</td>
<td>0.94</td>
<td>0.09</td>
<td>0.98</td>
<td>0.924</td>
</tr>
</tbody>
</table>

* significantly different from 1 ($p < 0.05$)

Subject-specific bias table: Mean relative monocyte count results and biases of haematology analysers. Bias expressed as relative monocyte count of test method minus the result of the manual differential (monocytes expressed as percent of leukocytes). Results given as means ± SD.

<table>
<thead>
<tr>
<th>Method</th>
<th>800-cell diff.</th>
<th>STKS</th>
<th>Argos 5 Diff</th>
<th>Profile II</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean relative count</td>
<td>8.15 ± 3.79</td>
<td>8.67 ± 4.30</td>
<td>6.94 ± 3.86</td>
<td>7.98 ± 3.88</td>
</tr>
<tr>
<td>Bias</td>
<td>0.00 ± 0.00</td>
<td>0.52 ± 1.63</td>
<td>-1.22 ± 2.51</td>
<td>-0.18 ± 1.44*</td>
</tr>
</tbody>
</table>

a $p < 0.05$
b $p < 0.001$ (bias significantly different from zero)
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Fig. 2  Passing & Bablok regression plots: the relative monocyte results of automated methods (y-axes) are plotted against those of the manual 800-cell differential (n = 136; monocytes expressed as percent of leukocytes; solid line: Passing & Bablok regression line, dashed line: identity line).

presented in table 2. The bias was defined as relative monocyte count of the test method minus the result of the manual differential. No method showed a significant intercept, and only the slope of the Cobas Argos was significantly different from 1. The slopes of the STKS and the Profile II did not significantly deviate but, nevertheless, corresponded to the slight over- or underestimation of monocytes which resulted respectively in significant positive or negative mean biases (tab. 2).

Figure 2 demonstrates the good correlation of methods but also reveals that all automated methods produced outliers with considerably deviating monocyte counts. With hardly any exceptions, these outliers showed a positive bias against the manual result, which was most obvious for the Argos 5 Diff.

To relate our present results to those of a previous study, we also performed regression analysis, using the Profile II as method of comparison, which yielded still higher correlation coefficients and a lower dispersion of residuals than comparison with the manual differential (tab.3).

One sample was flagged “Review Slide” by the STKS, three were flagged with a “Major Flag” by the Argos; with two samples the STKS completely misplaced discriminators of the scattergramme. All these samples were excluded, as was one sample of a patient treated with granulocyte colony stimulating factor, which showed no distinct monocyte population on the Profile II.

Reference range

The monocyte results of all healthy subjects averaged 6.42 ± 1.34% (absolute count: 0.44 ± 0.14 × 10⁹/l) and showed a reference range of 4.45 to 9.30% (0.26 to 0.82 × 10⁹/l). However, the distribution did not meet the criteria of a normal distribution. Age did not influence the monocyte count, but we found that male subjects had a significantly higher count and a wider range than fe-

<table>
<thead>
<tr>
<th></th>
<th>STKS</th>
<th>Argos 5 Diff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slope</td>
<td>1.12*</td>
<td>0.87*</td>
</tr>
<tr>
<td>Intercept</td>
<td>-0.26</td>
<td>-0.33</td>
</tr>
<tr>
<td>ma68</td>
<td>0.62</td>
<td>0.84</td>
</tr>
<tr>
<td>r (rank)</td>
<td>0.941</td>
<td>0.817</td>
</tr>
</tbody>
</table>

* significantly different from 1 (p < 0.05)

males (relative count: 6.95 ± 1.43% vs. 5.86 ± 0.98%; absolute count: 0.48 ± 0.15 × 10^9/l vs. 0.39 ± 0.11 × 10^9/l, p < 0.001, fig. 3). Only the female relative counts were normally distributed. We therefore used non-parametric methods to describe the reference range for both groups, which would range from 4.97 to 9.78% (0.30 to 0.84 × 10^9/l) for males and from 4.26 to 7.81% (0.25 to 0.65 × 10^9/l) for females.

Discussion

Precision

We decided not to use the NCCLS-recommended procedure of duplicate analysis of the entire study population (12) to assess precision, as these results are strongly influenced by the size of the respective leukocyte class (1) and may fail to reveal precision performance in the infrequent high- or low-range samples. The precision profiles used in the present study describe precision performance over the whole relative count range, facilitate statistical comparison between different methods, and relate the performance to that of the manual differential. However, it must be noted that our curve-fitting function only allows for an influence of the relative but not of the absolute cell count, which is not ideal for the Cobas Argos, which, in contrast to the other methods, differentiates a fixed volume of blood rather than a fixed number of leukocytes. This may be one reason for the larger deviations of the Argos data points from the fitted curve (fig. 1), although we moderated this effect by using only samples with a white blood cell count between 4 × 10^9/l and 15 × 10^9/l.

The precision of both instruments was high and superior to that of the manual differential. The good precision of the STKS monocyte count is consistent with previous reports (7, 8). The precision of flow cytometry using fluorescence-labelled monoclonal antibodies on the Profile II reached more than half of the theoretical optimum of a 20 000-cell differentiation despite a manual sample preparation procedure that included two washing steps.

Day-to-day variability was assessed with whole blood control material containing unfixed cells in a stabilising solution. As the material is primarily intended for the quality control of lymphocyte immunophenotyping, the leukocyte or monocyte concentration is not specified. Light scatter and fluorescence characteristics of leukocytes were somewhat different from normal samples, and separation of cell populations was generally not as clear. Nevertheless the results were satisfactory as day-to-day variability was only slightly higher than within-run imprecision at the corresponding monocyte concentration.

Batch stability of the antibody was not tested, but a previous study showed an excellent agreement of flow cytometric monocyte results obtained with different CD14 and CD45 antibody clones, which suggested that the method was rather insensitive as to the antibody used (20).

Accuracy

Although problems have been reported for Passing & Bablok regression analysis regarding proportional errors and hypothesis testing (21), the method was chosen for its superior resistance to outliers (17, 18, 21). Therefore it is difficult to compare our results with those of least squares linear regression reported by other investigators. Based on the correlation coefficient (tab. 1), our correlation results of the STKS were better than in most other studies (3, 8, 9, 22, 23). Most investigators comparing the Coulter VCS technology with microscopy observed a smaller STKS monocyte count (1, 3, 10, 23), while other authors reported a substantial influence of the software version used (22). Such an influence was also reported for other instruments (6). The Cobas Argos monocyte results correlated less closely with the 800-cell differential than those of the STKS. Moreover, the Argos showed a considerable mean negative bias and numerous outliers with a positive bias against the microscopic result. The mean negative bias against the manual dif-
ferential is in contrast to a report by Bentley et al., who evaluated the Cobas Helios (Roche Diagnostic Systems, Inc., Branchburg, NJ, USA), which is very similar to the Argos, and found a positive mean bias (24), probably due to a different setting of discriminators in the Argos scattergramme. On the other hand, the high number of positive outliers observed in the present study is consistent with their report. In our study, most of these outliers were caused by insufficient separation of the monocyte population from the adjacent neutrophil population. Even a small overlap of this usually much larger population into the monocyte region can considerably increase the monocyte result.

Another study reported disastrous correlation results for the Argos monocyte count with a correlation coefficient of 0.386 and a slope of 4.2 when compared to a 400-cell manual differential (25), which is in contrast to the much better results observed in our study. We cannot give a definitive explanation for this discrepancy, but we believe that the choice of the blood film preparation technique is of pivotal importance for reliable microscopic monocyte results. The use of the spinning technique ensures even distribution of cells while microscopic results obtained with the wedge technique are often unreliable (13, 26, 27).

In agreement with our previous results (15, 20) and with those of other investigators (8), we found a high correlation of the monoclonal antibody-based flow cytometric technique is of pivotal importance for reliable microscopic monocyte results. The use of the spinning technique ensures even distribution of cells while microscopic results obtained with the wedge technique are often unreliable (13, 26, 27).

In summary, flow cytometry based on fluorescence-labelled monoclonal antibodies overcomes the main problems of microscopic monocyte counting by its outstanding precision and objective results. The fact that flow cytometry also correlates excellently with the microscopic method apparently makes it an ideal alternative to the 400-cell differential as reference method for monocyte counting. However, as small influences of sample preparation on flow cytometric leukocyte differential results have been reported (15, 20, 31) a standard sample preparation protocol will be necessary.

References


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